

## Some Like It Hot

Do you like spicy snacks? Our Cajun Sizzler is fire! Now, you don't have to head down to the bayou to get your hands on an eye-popping snack that's full of flavor. Our Cajun blend features peanuts, BBQ corn, Cajun Sesame Sticks, and other goodies---fired up with paprika, vinegar powder, jalapeno powder, and other spices to make your tongue tingle with joy. Enjoy alone, or sprinkle over a stir fry dish for an added kick of flavor.

## Soft, Dry, Double Roasted Golden Chickpeas (Lightly Salted)

They're soft, but not mushy. They're dry, but not desert dry. Lightly salted chickpeas are a healthy snack with enough fiber and protein to satisfy your hunger for hours. Chickpeas, also called garbanzo beans, are eaten as a snack or used in soups, salads and a variety of main dishes. They have a mild, nutty flavor that's quite addictive. They are great to keep on hand if you're dieting and are seeking a satisfying snack that will help you avoid binge eating.

## Roasted Golden Chickpeas (Unsalted)

Enjoy the Crunch! We left out the salt so you can enjoy the nut-like taste of our roasted golden chickpeas "as is" or control the level of salty flavor by adding your own salt. These crunchy, delectable chickpeas (also known as garbanzo beans) are super versatile. You can eat them alone or toss a handful into soup or salads or mix together with pretzels or other snack foods. They're healthy too! Rich in fiber and protein, our roasted golden unsalted chickpeas are a handy snack to fend off hunger pangs between lunch and dinner or at any time of day. Chickpeas help to regulate cholesterol and all you need are two cups per day to meet your daily fiber requirement. Besides, they are certainly a lot tastier than fiber powder or fiber supplements.

## Are you Nuts for COCONUT and ALMONDS?

If your idea of the three major food groups is coconut, almonds, and chocolate, you've come to the right place. Your favorite flavors are rolled together in a velvety chocolate covered almond filled with coconut and a rich, white chocolate coating. It's truly a sophisticated taste sensation for discerning palates.

## Currants Satisfy Your Sweet Tooth

Smile! You've just discovered a snack that will make you smile while protecting your smile! Unlike sugary sweets, currants fight oral bacteria to create a healthier environment for your teeth and gums. So, toss the sugar-filled treats! Currants are a sweetly satisfying substitute for sugary treats and they're much healthier for you. Our currants are a special variety of dried raisin that can be eaten as a snack or used to flavor baked goodies and main dishes. They are fat-free and cholesterol-free, fiber-rich and full of antioxidants and B-complex vitamins. Did we mention that they are plump, flavorful, fresh, and super moist?

## Dry Roasted Custom Deluxe Mix

A super blend offering a jumbo dose of flavor! Our deluxe custom blend is a tasty combination of jumbo-sized dry roasted lightly salted cashews and lightly salted jumbo-sized abkari pistachios. We could have stopped there but we pulled out all the stops and added THREE kinds of dry roasted almonds---smoked,

salted, and tamari, to make this blend impossible to resist. This is the G.O.A.T of snacks—a truly satisfying treat that won't hang around for long.

#### Naturally Sweet Dried Apricots

Eaten alone or dipped in dark chocolate, our apricots are a sweet, chewy, and moist snack that's really, really, good for you. Apricots are naturally sweet and high in fiber. Plus, they taste great when they're diced up and added to make oatmeal, trail mix, or granola cereal taste even better!

#### Moisty and Tasty Dried Blueberries

Blueberries are rich in antioxidants and vitamins and much tastier than a vitamin pill! So, if you've been searching for a healthy treat why not try our dried blueberries? Snack on them or add them to muffins to make scrumptious blueberry muffins from a mix or from scratch. Add a handful to cereals, salads, and nut mixes for extra flavor and increased nutrition.

#### Absolutely Yummy Tart (sour) Dried Cherries

Tartly sweet Montmorency cherries taste satisfyingly, indulgently rich. A handful a day is a tasty way to ensure radiate health because they are super rich in potassium, B complex, and vitamin C. The flavonoids in cherries guard against heart disease and the anthocyanins in cherries are anti-inflammatory as well. There are so many ways to enjoy this delicious snack. Add our tart cherries to scones, muffins, and cookies, trail mix, yogurt, hot cereal, cheese and wine plates, tossed salads, chicken salad platters, and more.

#### A Taste of The Tropics

Our dried mango tastes like sweet fruit infused with the golden rays of the sun. Each juicy bite of mango tastes like dessert. This sweet snack is healthy too because mangos are rich in vitamin A, fiber, and antioxidants. Eat alone or toss into a salad with nuts and coconut for a deliciously satisfying tropical salad.

#### Energy Mix of Nuts and Dried Fruit

Our special blend of dried fruit and nuts skyrockets your energy levels. This tasty treat is high in flavor as well. We've mixed dried cranberries with raw macadamia nuts, raw walnuts, raw Antep pistachios Kernels and raw blanched almonds. A nut lover's dream come true. Tasty and filling when eaten alone, you can also toss a handful into a green salad or hot cereal for extra flavor and nutrition.

#### Fried Green Peas

Eat your peas! Even fussy kids enjoy snacking on our fried green peas because their savory flavor and crisp texture sets them apart. Eat them by the handful or mix them into chips, trail mix, and salads. If you love savory food, you are going to find our fried green peas positively addictive.

## Goji Berries are Great Tasting and Good for You!

Goji berries are a nutritional powerhouse. They are anti-aging and great for your skin. Tossing a handful of Goji berries into your morning smoothie or dish of yogurt is a great way to add vitamin C, amino acids, and selenium to your daily diet. Our dried goji berries are mildly sweet and chewy. They make a satisfying snack, or you can add them to baked goods, hot cereals, rice dishes, and more.

## When Savory Meets Spicy

This is the perfect treat for movie nights or rainy days in. Our Jalapeno Cheddar Corn Nuts are a spicy cheese lover delight with a kick of jalapeno heat to fire up your taste buds. Our corn kernels are perfectly toasted for gratifying crunchy flavor. Take this savory snack along to picnics, camping trips, BBQs or to the beach and watch it disappear.

## Jumbo Medjool Dates

You don't need the wealth of a sultan or Middle Eastern princess to enjoy this tasty fruit of palm trees. Jumbo Medjool dates are a naturally sweet treat that are nutritionally beneficial for your hair, skin, heart, eyes, and more. Packed with flavor, these jumbo-sized Medjool dates are meant to be savored. Eating dates can help you reach your fiber and fruit goals for the day because they are packed with fiber and possess triple times the potassium of bananas. Have you enjoyed a date today?

## Our Thompson Raisins Super in Size and Taste

Our raisins are raising taste expectations because they're that darned good! They aren't your ordinary run-of-the-mill raisins. Oh, no. They are like three raisins in one! Munch on a juicy handful or add them to muffins, cookies, green salads, or sides of rice. They are also super effective in preventing cavities and gum disease because they kill damaging bacteria in your mouth. So, munch on to your heart's content.

## KriKri Coated Chickpeas

Protein never tasted so good. We think it's the extra crunchy flavoring that makes these special. These extra-tempting dry roasted chickpeas feature a crunchy layer of dough that makes them oh-so-satisfying to eat. Sprinkled lightly with sea salt, these chickpeas are the spot-on choice if you are seeking a savory/salty protein-packed snack to satisfy your hunger pangs. They're fat-free and oil-free, too!

## Milk and White Chocolate Caffe Latte Almonds

If you're a foodie who appreciates only the most sophisticated pairings, you will surely appreciate this delicious melding of crunchy roasted almonds with luxuriously rich milk chocolate and flavorful coffee brittle. This outstanding combination of flavors, combined with the tantalizing aroma of coffee, is a pleasure to give or receive. Warning: This heavenly snack is highly addictive.

## Milk Chocolate Covered Salted Pistachios

We took off their shells and smothered them in creamy milk chocolate! Our salted, milk chocolate covered pistachios are much too tasty to pass up. Freshly roasted, our pistachios are covered in milk chocolate and sprinkled with a touch of salt to create a scrumptious sweet/salty taste sensation. If you are a pistachio lover, you simply must try these.

### Prunes (Pitted)

While these wrinkled treats might not look as appealing as when they were smooth and juicy plums, they are as deliciously tasty as ever! Naturally sweet, you'll want to gobble these by the handful. But, have you ever added them to your smoothie or added them a piping dish of hot cereal? Yum. Prunes are a quick and easy way to retain moisture in meat while adding a naturally sweet flavor. You can chop them up to mix into muffin or date nut bread batter or make a healthy fiber-rich breakfast by stewing them. If you are seeking a delicious way to increase your fiber intake, our pitted prunes are a spot-on choice.

### Raw Cashews

Who can resist a cashew? Cashews are a great substitute for heavily processed snack foods and can be blended with oil to create a tasty cashew butter that's a perfect stand-in for the peanut butter sandwiches that people with peanut allergies must sacrifice. Eaten alone or sprinkled on rice dishes or salads, raw cashews are a healthy choice that will always leave you feeling satisfied.

### Raw Turkish Antep Pistachios Kernel

It's a matter of taste. Turkish Antep pistachios are not as large as California pistachios but don't be fooled by their size! Our raw Turkish Antep pistachio kernels have got a taste that's richer and "big" in every way. There are many who prefer their distinctively different flavor and will only eat Turkish Antep pistachios over any other kind.

### Roasted Unsalted Pumpkin Seed Kernel

Roasted pumpkin seed kernels are full of Vitamin C, thiamin, niacin, Vitamin, A, calcium, magnesium, zinc, copper, selenium, and other important minerals and vitamins. They are delicious eaten alone or added to a variety of dishes. Here are eight ways to use our pumpkin seeds to add incredible flavor to your cooking: <https://www.rachelcooks.com/2011/10/12/pumpkin-seeds-pepitas-eight-ways/>

### Sliced Crystallized Ginger

Crystallized ginger has a unique sweet and spicy flavor that makes it an ideal snack and flavorful addition to stir-fry dinners. Ginger is also a wonderful remedy for nausea, sea sickness, and upset stomachs. You can eat it on its own (plump, fresh tasting and delicious!) or chop it up and add it to breads, muffins, or other baked goods for a sweetly spicy flavor.

### Sugar Coated Chickpeas

These were the very first sugar-coated goods we made, and they were a hit! But it is not difficult to understand why our sugar-coated chickpeas were embraced because they are a tempting blend of savory flavor and sweetness that people worldwide enjoy as a healthy snack alternative to heavily processed, and unhealthy snacks. In addition to tasting good, these Turkish delights are full of folate, iron, protein and vitamins A, C, and E and potassium.

### Sultana Raisins

Do you like white grapes? Then, you're certain to enjoy our Yupik Sultana raisins. They're made from pale green dried, seedless white grapes that are sweet and deliciously tangy. These chewy delights are ideals for eating alone or using for baking or creating exciting new dishes.

#### Turkish Antep Pistachios

Are you picky about your pistachios? Don't be fooled by the small size of this Turkish variety. They may not be as large as the California variety but our Turkish Antep pistachios are packed with a distinctive pistachio flavor that is positively addictive. We guarantee you will want more than a handful!

#### Veggie Chips

Veggie lovers rejoice! Our veggie chips are a veggie nirvana comprised of all of your favorite vegetables, including sweet potatoes and squash. Our crispy veggie chips offer less fat than potato chips and can be eaten alone or dipped into hummus or salsa for an especially tasty treat. They make a great substitute for popcorn on movie nights and can be toted along in your child's lunchbox as a healthy addition to a sandwich or warm thermos of soup.

#### Wasabi Peas

Do you love hot and spicy dishes and hot sauce? Are you searching for a mouth-watering spice that turns up the heat? If you love hot and spicy snacks, our Wasabi peas are going to be your go-to snack. et the water handy—these hot and fiery spiced-up peas pack a powerful punch!

#### White Chickpeas

Do you crave a crunchy snack that won't leave you feeling hungry hours later? Our roasted white chickpeas (also known as garbanzo beans) are a protein-rich snack. These oven-roasted white skinned peas are crunchier after roasting than are the yellow skinned variety. Enjoy their crunchy roasted goodness alone or in a green salad, soup, or main dish! These are a go-to staple you'll want to stock up on.

#### Organic Toasted Coconut

How do you make delicious organic coconut taste even better? You toast it. We've taken tender organic coconut and slow roasted it to create a sweetly satisfying toasted coconut flake that is subtly sweet and delicious. Use our organic toasted coconut to adorn cakes and cookies and to mix into smoothies and trail mix. Sprinkle a generous handful on top of cold cereal, ice cream, or fresh strawberries with whipped cream.

#### Peanut coated Zahtar (Thyme) Krikri

What is Krikri? If you love crispy, savory snacks, you will probably enjoy munching on a Krikri coated snack like this one. Krikri is wheat based. When it is melded with peanuts, it creates an outstanding crispy texture and delectable coating. Zahtar is an herbal blend featuring thyme, sumac, and sesame. If you love traditional Middle Eastern food or want to explore a new Middle Eastern flavor sensation, this is the perfect choice.

#### BBQ Peanuts

This is the perfect snack food to take along to summer picnics and BBQs. These jumbo roasted peanuts are seasoned with a tasty BBQ seasoning that is savory and full of smoky flavor. Plain peanuts are delicious but why not step it up a notch? Pair with a tall glass of iced tea or lemonade and enjoy!

#### Unsweetened Coconut Chips

Our unsweetened coconut chips will add a subtle coconut flavor to meals throughout your busy day. In the morning, you can toss a handful into cereals, yogurt, or cottage cheese. At lunchtime you can mix them into a fruit salad platter. Mix them into trail mix or granola for a between meal snack. At mealtime, the options are endless. Dessert? Our coconut chip flakes are a delicious topping for ice cream, cakes, and whipped cream topped desserts.

#### Coconut Fine

Fat-free. Oil-free. Salt-free. Sugar-free. Our desiccated coconut is fine, dry, and crunchy. It's the perfect coconut to use for baking cakes, cookies, muffins, and other treats and is excellent for use in cooking main dishes and other cooking applications.

#### Dry roasted Sunflower seed kernels

They're fresh, plump, and delicious. Enjoy our roasted sunflower kernels alone or use them to create delicious parfaits, crackers, granola bars, or sunflower seed coated cheese balls. Bird can't resist them either—sprinkle a handful in a bird feeder as a tasty treat for your feathered friends!

#### Our Savory House Mix is So Outstanding It's Our #1 Selling Mix!

It's a fiesta in your mouth! We pulled out all the stops when we created our house mix because we wanted to combine various textures and flavors for an exciting burst of savory flavor. Our best-selling House Mix features almonds, pistachios, cashews, peanuts, pumpkin seeds, krikri and chickpeas. It is a great choice for beginners or for people who want to experience a mix of flavors and textures combined together in one single snack.

#### Jumbo Redskin Peanuts Raw

If you are seeking a larger peanut that's sweet and delicious and perfect for using to make granola bars, homemade peanut butter, peanut brittle, or other tasty peanut treats, our Jumbo Redskin raw peanuts are the perfect choice.

#### Milk Chocolate Swedish Berries

Positively sinful and berry, berry good. These milk chocolate-covered Swedish berries are the ultimate indulgence. Swedish berries are delicious alone but intensify in taste when topped with creamy, rich milk chocolate. The contrast between the fruity flavor of the berries and the creamy milk chocolate results in an amazingly tasty treat.

